

Positive attitudes in the workplace

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YOU are looking for a career booster. You are possibly past your first year mark at work. You have somewhat learned the ropes of your position but you feel you are slowing down.

So, what are some of the attitudes in the workplace that can help you get ahead at work?

There are many positive attitudes that can help you do that. In fact, the value of these attitudes is they make you more motivated and hence, give you a career boost.

Enthusiastic: How can you feel enthusiastic about work, especially when you already feel sluggish with the same work after a few years?

It is precisely this reason that you should be enthusiastic. To be enthusiastic at work is about a mental state. You need to make the decision to be enthusiastic. Start by saying, "I will be an eager participant in this project or task."

Attack your task with energy. Do not drag your feet. Get interested in the work and the energy will come naturally. Then decide to be eagerly involved. Being enthusiastic and energetic are attitudes in the workplace that can get you ahead.

Efficient: Strive to be the most efficient worker in your team.

According to Webster's Universal College Dictionary, to be efficient means "performing or functioning effectively with the least waste of time and effort". When you are effective, you are producing the intended result.

When you are efficient you do it with the least waste of time and effort. That means you are capable and competent.

If you carry with you the attitude in the



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workplace of constantly striving to be the most efficient worker, then you will sooner or later get ahead in your career.

You will get a career boost because you are the most capable and competent on the team.

Excellence: Of the five attitudes in the workplace, this one probably calls for you to give yourself some pressure.

A little pressure is good since it makes you push yourself harder.

Strive for excellence in everything you do. Do not be contented with good.

Go for great. Exceed expectations by knowing good is sometimes not good enough. Give everything your utmost best. You will naturally see how this becomes

your career booster.

Early: Have you ever thought about being early as an attitude in the workplace that can get you ahead?

Yes, especially when your workplace practises flexi time. Many people take flexi time for granted. They stroll in and out at their own pace, not knowing they have probably wasted productive time.

Start early at work. Some of my most productive days are those I start early before the phone rings and before my staff members walk in with questions.

Clear your e-mails from last night, craft that important e-mail when there are no distractions.

Easy: Make every effort to be the easiest to

work with in the office. Now, I am not saying compromise on your need for excellence.

For example, this means not to complain and grumble each time there is a team meet. No one likes to work with someone who nags all the time. When you are easy to work with, you make working enjoyable for the rest, too.

Such attitudes in the workplace is welcomed everywhere and you make yourself a competitive edge of any team.

This competitive edge is your career booster.

There is no need for complicated plans to get a career boost. Simple steps with these attitudes in the workplace can get you ahead in your career. — www.careerealism.com